Clinical considerations

• Educational
• Mental Health (behaviors, sleep)
• Physical Health (epilepsy, GI, other medical comorbidities)
• Caregiver burden and stress
• Access to research, especially clinical trials
Clinical tips to optimize wellbeing

• Maintain a schedule: especially first 2 hours of the morning and the last 2 hours of the evening
• Continue all medications and avoid making changes without provider input
• Communicate with providers via phone or telehealth
• Stay connected! Physical distancing is not the same as social distancing
• Resources are available:

  https://autismsciencefoundation.org/covid-19-resources

  https://www.semel.ucla.edu/autism/covid-19-information
Research continues!

Baby BIBS
Baby Brain Imaging & Behavior Study

JETS
JASPER
Early Intervention for Tuberous Sclerosis
Remote screening and enrollment
  • *Screen* families through phone and email
  • *Consent* over the phone

Remote visits
  • *Online questionnaires* completed through email link, entered directly into database
  • *Phone check-in* with study coordinator to collect data (e.g. parent concerns and treatment intervention history)
  • *Phone interview* with clinician to measure adaptive behavior
  • 10-minute *play video* uploaded to online server; research staff will code for play skills
  • Continued *remote intervention*

*We will complete direct assessments/repeat some remote measures when in-person visits resume*
Thank you! We are all in this together!